



45 Day Science of Success Planning Worksheet

*Empowered by Shana L Yao
Total Genius™*

START DATE:

45 DAY SUCCESS DATE:

45 DAY GOAL:

MY MAGIC NUMBER:

I AM COMMITTED BECAUSE:
(your why)



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STRATEGY OF THREE:

During the next 45 days I will commit to accomplishing these 3 things to achieve my 45 day money goal:

1. DAILY MARKETING TASK:

2. MARKETING TASK: (daily or X times weekly)

3. DAILY LONG TERM GOAL TASK

INCREMENTAL LAUNDRY:



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DAILY DONE LIST: *(print one for each day)*

TODAY'S DATE:

WHAT IS THE GREATEST USE OF MY TIME TODAY:

Business:

Life:

WHAT ARE THE THREE ACTIONS I AM COMMITTING TO TODAY?

Business

- 1.
- 2.
- 3.

Life

- 1.
- 2.
- 3.

INCREMENTAL LAUNDRY TASKS:

- 1.
- 2.
- 3.
- 4.
- 5.

BRAIN DUMP (for future ideas)



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Shana Yao is CEO and Founder of TOTAL GENIUS™, where she works with high achieving entrepreneurs to use their genius – the combination of their greatest strengths, talents, and life experience – to create a profit generating business that fulfills their life and makes an impact on the world for a greater good. She is an award-winning Business and Personal Success Strategist with over 25 years of business and marketing experience managing multimillion dollar retail and shopping center locations, including the famed Rodeo Drive, Shana has a unique perspective on developing profit-generating strategies for diverse and divergent entities.

In her signature program Discover Your Genius, Shana helps her clients achieve discover and empower their genius within. Using her knowledge of neuroscience, neuro linguistic programming, positive psychology, emotional and positive intelligence, and high level business strategies, she works to develop her client’s unique vision by uncovering their purpose, their message, building their profit-generating signature program and putting their words into action on their website and in their customized marketing strategy.

Join Shana and other creative genius entrepreneurs in the ONE group on Facebook that doesn’t waste your time, and is focused on high level business and personal success strategies, developing your genius, and creating a positive mind. The Genius Collective

